



# Girls on the Run is coming!

## What We Do

Girls on the Run was developed to inspire 3rd-5th grade girls to value what makes them unique! Our program facilitates ways for 3rd to 5th graders of all abilities to gain confidence, build social skills, and realize their incredible potential.

## How Does It Work?

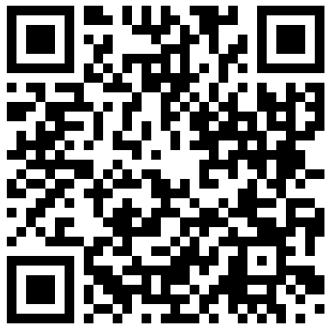
The program is delivered 2x/week for 90 minutes each and is led by trained volunteer coaches. Girls on the Run culminates in a celebratory, non-competitive 5K that girls work towards all season.

## How to Join?

Registration is open for up to 20 participants on a team. Registration cost is \$225 for the season, but scholarships and financial assistance are available! See the second page for more information.



SCAN QR CODE  
TO REGISTER!



## PROGRAM DATES:

Practices start the week of February 10th  
Season ends on Saturday, April 26th with 5K @ UNLV

**Site:** Discovery Park

**Grades:** 3rd to 5th grade

**Practice Days/Time:** Monday & Thursday from 5pm to 6:30pm

**Questions on Program?** Email [Alaina.Adams@GirlsontheRun.org](mailto:Alaina.Adams@GirlsontheRun.org)  
or call 702-513-4565





## Spring Program Fees & Financial Assistance

Girls on the Run of Las Vegas is committed to ensuring that all girls are able to participate regardless of financial limitations. We offer reduced fees based upon household income. Please use the chart below to determine your registration fee.

If you are in need of financial assistance greater than our reduced registration fees, or if you are in need of financial assistance but do not qualify based on the below chart, please email our Programs Manager, Alaina Adams at [Alaina.Adams@GirlsontheRun.org](mailto:Alaina.Adams@GirlsontheRun.org) for more information.

Income Range	Fee
\$0-\$40,000	\$35
\$40,001-\$70,000	\$115
\$70,001 and above	\$225

### Registration Includes:

Program registration includes twice a week lessons conducted by certified and trained GOTR coaches, a program t-shirt, participation in the season-ending 5K for your GOTR participant, & a 5K finisher's medallion.

SCAN QR CODE  
& LEARN MORE  
ABOUT OUR  
PROGRAMS



**Learn More or Register at: [www.GirlsontheRunLV.org](http://www.GirlsontheRunLV.org)**

**Financial assistance is based on household income, shown in the above chart, and is available on the online registration form.**

**GIRLS ON THE RUN IS FOR EVERY GIRL!**

